



Expert exercise advice for *every body*



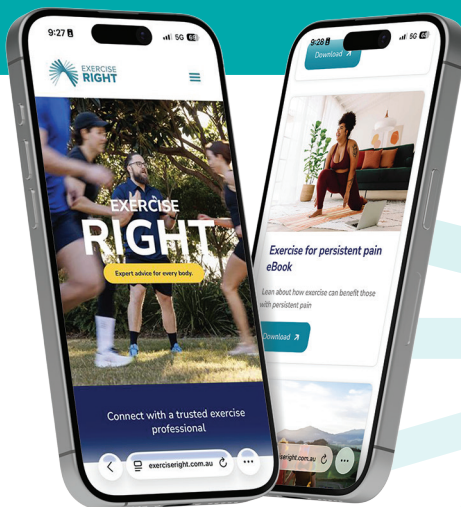


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